



TRAVEL TRADE EDITION

NORMANDY
TOURISM

Welcome to Normandy!

Find out all you need to know about Normandy on our website

Located in the North West of France, Normandy is a region easily accessible by plane, train or by road. Within an hour's drive from Paris and its international airports, Normandy offers a delightful selection of some of France's best heritage, scenery, culture, food and entertainment.

Whether you plan a dedicated trip or are looking to include the region as part of a wider tour, Normandy remains the ideal destination for honeymooners, special anniversaries, spiritual tours, rich in medieval remains, brimming with history, teeming with tradition.

You are a tour operator, an incoming agency, a group travel organiser, you need to arrange a business meeting? We look forward to welcoming you soon to Normandy, this incomparably beautiful region of France. We offer a range of well-being breaks to suit your clients's tastes according to the time available.

Our guide is full of practical information and inspirational ideas to help you plan your next trip to Normandy.

See you soon in **Normandy!**

NORMANDY
TOURISM



Normandy: so easy to reach

Air France flies direct to Paris via Mumbai, New Delhi and Bengaluru. **Air India** offers one daily direct flight between New Delhi and Paris, as well as between Mumbai and London Heathrow. There are several low-cost carriers which fly direct between London and Normandy (Caen). Also Air France domestic direct flights from Caen airport in Normandy to the South of France. From Paris Charles de Gaulle Airport, reach Paris ring road (peripherique) and follow directions to Rouen for the highway A13 or A14. The highway A13 crosses the entire region. You can reach Giverny in 1h, Rouen in 1h15, Caen and the D-Day Landing Beaches in 2h30 and the Mont-Saint-Michel in 3h30.

Contacts

If you would like help and advice about bringing your groups to Normandy, please contact our team. We can give you all the information you need on destinations, accommodation, themed tours and guides and we also have excellent connections in the region that are on hand to assist in making your trips run smoothly.

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Étretat © Beby - Fotolia.com

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Historical Normandy



Steeped in our common history, Normandy invites you to go back in time to retrace the footsteps of William the Conqueror, one thousand years ago, and to walk along the D-Day Landing Beaches, the Coast of Heroes.

Normandy is world-famous for the part it played in World War II when Allied troops broke through Nazi defences to liberate occupied France but it also bears a rich medieval history with William the Conqueror, Richard the Lionheart and Joan of Arc.

Leisure and Entertainment



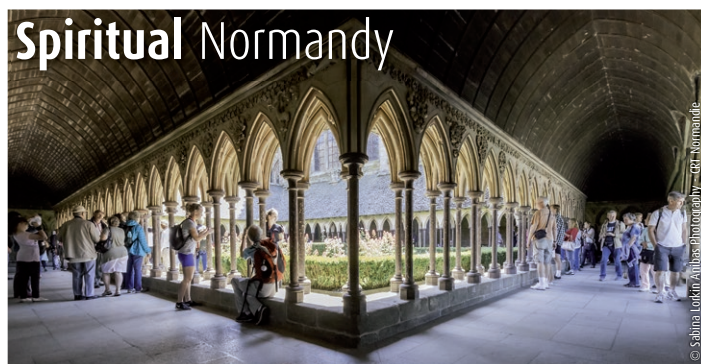
With its 400 miles of coastline, forests, countryside and water, Normandy provides an unlimited variety of great outdoor activities. Whether by foot, on bike, horseback, canoe, sailing boat, kite surf or parachute, visitors to Normandy get the best of what we have to offer. Normandy is recognised as a top European golfing destination and has a worldwide reputation for horse lovers. Normandy is the playground for sea sports and cycling adventures. International sailing events are planned in Normandy.

Explore Normandy by bike! Normandy's network of cycle routes (over 435 miles) have been converted into greenways.

Some visitors to Normandy come just for the shopping. A wide choice of temptations around the region for souvenir and bargain hunters!

For a more party atmosphere, spend unforgettable evenings in casinos and restaurants and discover the region's food culture.

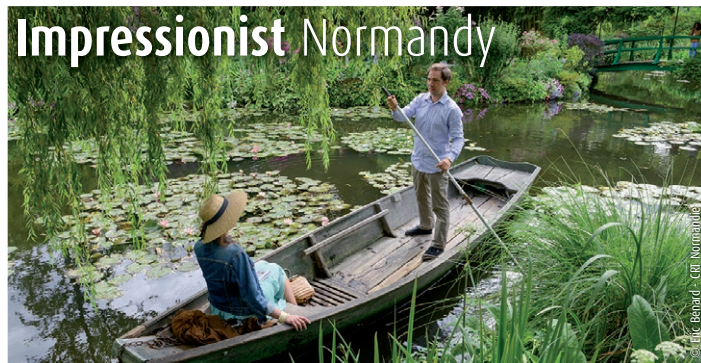
Spiritual Normandy



Normandy is home to the world famous pilgrimage sites of Lisieux and the Mont-Saint-Michel. With its numerous abbeys, cathedrals, collegiate churches or simple country churches, and magnificent stained glass windows in such numbers that together they constitute one of the largest glazed areas in France, Normandy is one of France's richest regions in terms of religious art.

From the fifth century until today, the role played by the abbeys and churches of Normandy has been significant. Unique masterpieces of cathedrals can be seen in Rouen, Evreux, Bayeux, Coutances, Sées and Lisieux Basilica and in the wonder of Mont-Saint-Michel.

Impressionist Normandy



As the spiritual birthplace of Impressionism, Normandy has inspired many great artists to create images which live on the collective consciousness today.

With its unique lighting, magical seascapes, dramatic monuments and dreamy countryside, Normandy offered the perfect backdrop for Impressionist painters such as Eugène Boudin, Auguste Renoir, Gustave Courbet, Camille Pissarro, and Claude Monet of course who lived for many years in the charming village of Giverny, a very popular place to visit for art lovers. You will find in Norman museums exceptional Impressionist paintings from those artists.

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1 - Cabourg



Cabourg, on the renowned Flowered Coast, is a popular seaside resort, renowned for its 2½ mile long beach of fine sand and its Belle Epoque atmosphere. The early 20th century villas of the Parisian upper classes add to the charm of this small town centred on its casino and unmissable “Grand Hotel”.

2 - Deauville



Deauville, on the Flowered Coast, is a stylish seaside resort, home to luxurious hotels, spas, golf courses, racecourses and casino. The town is also known for its long wooden waterfront promenade, its sandy beach, its beautiful seafront villas, chic boutiques and fine restaurants. It is home to the annual American Film Festival and various international polo and horse-racing events.

16 - Lisieux



Lisieux, the second most visited site of pilgrimage in France after Lourdes, is renowned as a site of pilgrimage dedicated to Sainte-Thérèse. The Basilica was built in her honour and remains the largest church built in France during the 20th century. On 18th October 2015, the parents of Therese, Louis and Zélie Martin were canonised.

15 - Caen



Caen is a thriving modern city with outstanding historical sites including William the Conqueror's Ducal Castle and the Abbaye aux Hommes and Abbaye aux Dames, together with the peace museum, Mémorial de Caen, which takes an in-depth look at 20th century history. The city offers a racecourse and has become the capital of trotting and the breeding of trotters.

14 - Bayeux



With its narrow cobbled streets and cathedral at its heart, Bayeux is the perfect example of a medieval Norman town. It is also home to the world famous Bayeux Tapestry, a UNESCO World Heritage Site, a unique document which tells the story of the Norman Conquest of England in 1066 by William the Conqueror, Duke of Normandy.

13 - D-Day Landing Beaches



Normandy was marked forever by the momentous events of June, 6th 1944 that led to the liberation of France and Europe when the Allies broke Nazi defenses. The D-Day Landing Beaches, its bunkers, cemeteries, museums and memorials offer space for understanding and reflection.

12 - Le Mont-Saint-Michel



The Mont-Saint-Michel is an international place of pilgrimage as well as a major tourist centre. The different stages of its medieval construction have created a unique architectural ensemble which has been classified as a World Heritage Site by UNESCO. It is known as “the Wonder of the Western World” and provides the natural show of the greatest tidal ranges in Europe.

11 - Bagnoles-de-l'Orne-Normandie



Bagnoles-de-l'Orne-Normandie is the perfect town to relax in, an ideal spot to recharge your batteries and energize. From the thermal springs to the winding paths of the Andaine forest, the town offers a casino, racecourse, lake, cycle tracks and a golf course, and a well-being break in a stylish restaurant.



Across the river from its prestigious neighbour Deauville, the picturesque fishing harbour of Trouville-sur-Mer offers an atmosphere of authenticity, friendliness and simplicity. The golden sand beach is ideal for families while the many fish and seafood restaurant will delight all visitors. Also discover at night the mythical casino of Trouville-sur-Mer.



3 - Trouville-sur-Mer

Trouville-sur-Mer - Frank Gouard

Honfleur offers the warm welcome of a little town. This maritime city has managed to preserve the traces of a rich historical past, which make it one of the most visited towns in France, with its picturesque backstreets and old houses, its little shops, charming hotels and typical restaurants. Honfleur, a town of painters and impressionism, inspired Courbet, Monet, Boudin and many others.



4 - Honfleur

Bassin d'Honfleur - Photo creation

This major European port combines the attractions of a modern, vibrant city with the charm of a seaside resort and a great nightlife with its casino. Many Impressionist artists loved the effect of the light, including Monet as seen in his "Sunrise at Le Havre". The city was rebuilt after the Second World War in modernist style and has now been recognised by UNESCO as a World heritage Site.



5 - Le Havre

Le Havre - Frank Gouard

Étretat is an open-air theatre and a romantic seaside village, provided inspiration to some of the most illustrious artists with its amazing white cliffs and chalk needle. The tranquility of the town is appealing to most. Come and try a tee time at the golf course with its exceptional location.



6 - Étretat

Étretat - Olivier Boncabel - Fotolia.com

The city is a veritable Museum-City, with its fine half-timbered houses, its paved streets and its gothic churches. Rouen is the historic capital of Normandy, and was the scene of the martyrdom of Joan of Arc. Over the centuries, different parts of the town blossomed with jewels of religious architecture. The Notre-Dame Cathedral inspired Monet to paint his cathedral serie. Fans of shopping will not be disappointed.



7 - Rouen

Église de Rouen - Josselyn W - Fotolia.com

Just a short distance from Paris, this quaint artists' retreat on the banks of the Seine River became the home of Claude Monet, father of the Impressionist movement. Worth a visit: Claude Monet's House and Garden plus the "Musée des Impressionismes Giverny".



8 - Giverny

Maison et jardin de Claude Monet - Thierry Honnay

This "City of the Dukes" is internationally renowned for its UNESCO-listed needle point lace and is ideally situated on the edge of the Normandy-Maine Natural Park for trips into the countryside. Alençon is the birthplace of Sainte-Therese of the Child Jesus (1873). She spent her early years in Alençon with her parents and her four sisters. Sainte-Therese became the third woman saint to be raised to the rank of "Doctor of the Church".



10 - Alençon

Sainte-Therese de l'enfant Jésus - Josselyn W - Fotolia.com

Known as the "Versailles of Horses", Le Pin National Stud is the oldest and most prestigious national stud and was founded in 1715 by Louis XIV. It is open to the public and organises a number of shows every year.



9 - Le Haras du Pin

Les Haras du Pin - Olli Onne



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Suggestions of 4 tours in Normandy



Historical and medieval tour

Rouen/Honfleur/Deauville/Caen/Bayeux – 3 days/2 nights

Day 1: Rouen

Rouen is a medieval masterpiece, with its fine half-timbered houses, its paved streets and its gothic churches. Rouen is the historic capital of Normandy, and was the scene of the martyrdom of Joan of Arc. Over the centuries, different parts of the town blossomed with jewels of religious architecture. The Notre-Dame Cathedral inspired Monet to paint his cathedral serie.

Not to be missed! From June to September, when night falls, an incredible show of sound and light highlights each year the facade of the cathedral.

Day 2: Honfleur – Deauville

The maritime city of Honfleur has managed to preserve the traces of a rich historical past, which make it one of the most visited towns in France, with its picturesque backstreets and old houses, its little shops, charming hotels and typical restaurants.

Deauville, on the Flowered Coast, is a stylish seaside resort, home to luxurious hotels, spas, golf courses, racecourses and casino. The town is also known for its long wooden waterfront promenade, its sandy beach, its beautiful seafront villas, chic boutiques and fine restaurants.

Day 3: Caen – Bayeux

Caen is a thriving modern city with outstanding historical sites including William the Conqueror's Ducal Castle and the Abbaye aux Hommes and Abbaye aux Dames, together with the peace museum, Mémorial de Caen, which takes an in-depth look at 20th century history.

Bayeux, with its narrow cobbled streets and cathedral at its heart, is the perfect example of a medieval Norman town. It is also home to the world famous Bayeux Tapestry, a UNESCO World Heritage Site, a unique document which tells the story of the Norman Conquest of England in 1066 by William the Conqueror, Duke of Normandy.

Each summer, at nightfall, a free spectacular light show, featuring the Bayeux Tapestry, comes to life, projected onto the walls of Bayeux Cathedral. A magical show!



Spiritual tour

Alençon/Lisieux/Le Mont-Saint-Michel – 2 days/1 night

Day 1: Alençon – Lisieux

Alençon is the birthplace of Therese Martin, better known as Sainte-Thérèse-de-l'Enfant-Jésus (1873). She became the third woman saint to be raised to the rank of "Doctor of the Church". The "City of the Dukes" is also internationally renowned for its UNESCO-listed needle point lace.

Lisieux is considered to be the second town of pilgrimage in France with some 1 000 000 visitors each year who visit see the Basilica built in the honour of Sainte-Thérèse-de-l'Enfant-Jésus. The Basilica is one of the largest religious edifices built in the 20th century. The crypt with its three side isles, and the 300 foot-high Dome, are open to visitors. Therese lived at Les Buissonnets when her mother died. The house contains mementos of Therese's childhood. At the Carmelite convent, the Chapel has the Saint's reliquary and the room of relics contains souvenirs of her daily life. The "Diorama de Sainte-Therese" retraces the main events in her life, with wax figures.

Saint Peter's Cathedral (12th century), it was in this church that Therese's vocation was revealed to her. On 18th October 2015, the parents of Therese, Louis and Zélie Martin, were canonised. The reliquary containing their relics is exposed in the lower Basilica so that everyone may venerate them. This event has made Lisieux a unique town where the new blessed parents of a Saint, Doctor of the church, are a wonderful example of saintliness to be found in the laity.

Day 2: Le Mont-Saint-Michel

The Mont-Saint-Michel is an international place of pilgrimage as well as a major tourist centre. The architectural wonder that is the Mont-Saint-Michel rises majestically out of the sea. Completed in 1521, the medieval monastery was already an important site of pilgrimage. Then today, it has UNESCO world heritage status and is France's most visited tourist attraction outside of Paris. It is known as "the Wonder of the Western World" and provides the natural show of the greatest tidal ranges in Europe. Following 20 years of exceptional planning and works, 2015 marked the re-establishment of the Mont-Saint-Michel's maritime character, symbolised by the destruction of the old causeway and the creation of a new bridge linking mainland to island. With exceptional high tides around the mount, it became possible to witness the transformation of the Mont-Saint-Michel back into an island. Now visitors from around the world can come to enjoy and admire this impressive spectacle.

A Spiritual Normandy tour is available for three days and 3 nights, full board, at the Rouen Tourist Office. It includes Rouen, Lisieux and the Mont-Saint-Michel. Group of 30 people.



Feel at home with a selection of Indian restaurants

Le Havre

Taj Mahal - 23 rue Jean de la Fontaine, 76600 Le Havre
Tel.: + 33 (0)2 35 41 36 93 - www.restaurant-taj-mahal.fr

Namasty India - 4 rue de Paris, 76600 Le Havre
Tel.: + 33 (0)2 35 41 89 82 - <http://namasty-india.fr>

Punjab - 5 rue du Général Faidherbe, 76600 Le Havre
Tel.: + 33 (0)2 35 21 02 65 - www.punjab-lehavre.fr

New Delhi - 99 rue de Richelieu, 76600 Le Havre
Tel.: + 33 (0)2 35 22 95 78 - www.lenewdelhi.fr

Lisieux

Palais Indien - 25 place de la République, 14100 Lisieux
Tel.: + 33 (0)2 14 11 20 10 - <https://palais-indien.business.site>

Caen

Le Kashmir - 78 rue du Vagueux, 14000 Caen
Tel.: + 33 (0)2 31 94 02 19 - www.restaurantkashmir.fr

Benazir - 45 avenue du 6 Juin, 14000 Caen
Tel.: + 33 (0)2 31 84 54 53 - www.restaurant-benazir.com

La porte du Punjab - 56 rue du Vagueux, 14000 Caen
Tel.: + 33 (0)2 50 10 98 30



Leisure and entertainment tour

Impressionist tour

Rouen/Étretat/Deauville/Trouville-sur-Mer/Bagnoles-de-l'Orne-Normandie – 3 days/2 nights

Giverny/Rouen/Étretat/Le Havre/Honfleur – 3 days/2 nights

Day 1: Rouen – Étretat

Day 1: Giverny – Rouen

Rouen offers a large number of traditional luxury or artisan boutiques that will delight you in the city centre. Rouen is a destination that is known to antiques and art lovers, and is full of galleries and antiques shops. Rouen and the Seine Valley are great for the nightlife and entertainment on offer.

Giverny is a small village a short distance from Paris, this quaint artists' retreat on the banks of the Seine River became the home of Claude Monet, father of the Impressionist movement. Worth a visit: Claude Monet's House and Garden and the "Musée des Impressionnismes Giverny".

Not to be missed! From June to September, when night falls, an incredible show of sound and light highlights each year the facade of the cathedral.

Rouen is a veritable Museum-City, with its fine half-timbered houses and its paved streets. Both Monet and Pissarro succumbed to the charms of this medieval city. Works are exhibited in the Rouen Fine Arts Museum. The Notre Dame Cathedral had its moment of glory when Monet consecrated some thirty canvasses to its façade, painted at various times of day to capture the changes in luminosity.

Étretat is an open-air theatre and a romantic seaside village, provided inspiration to some of the most illustrious artists with its amazing white cliffs and chalk needle. Located in stunning surroundings, the golf of Étretat overlooks the sea and the bay of Étretat. Its spectacular site is one of the three most remarkable sea-side golf courses in France.

Day 2: Le Havre – Étretat

Day 2: Deauville – Trouville-sur-Mer

Deauville, on the Flowered Coast, is a stylish seaside resort, home to luxurious hotels, spas, golf courses, racecourses and casino. The town is also known for its long wooden waterfront promenade, its sandy beach, its beautiful seafront villas, chic boutiques and fine restaurants. It is home to the annual American Film Festival and various international polo and horse-racing events.

In Le Havre, a Unesco-listed City, many Impressionist artists loved the effect of the light, including Monet as seen in his "Sunrise at Le Havre". The Malraux Museum boasts a collection of Impressionist. These include paintings by Boudin, Courbet, Corot, Sisley, Pissarro, Renoir, as well as some Post-Impressionist collections. This major European port combines the attractions of a modern, vibrant city with the charm of a seaside resort and a great nightlife with its casino.

Trouville-sur-Mer, just across the river from its prestigious neighbour Deauville, is a picturesque fishing harbour which offers an atmosphere of authenticity, friendliness and simplicity. The golden sand beach is ideal for families while the many fish and seafood restaurant will delight all visitors. Also discover at night the mythical casino of Trouville-sur-Mer.

A special mention goes to Étretat and its stunning cliff formations, including the famous chalk needle. Monet interpreted many of the scenes along this coast, leaving us a canvas trail to follow, as did painters such as Boudin, Pissarro or Morisot.

Day 3: Bagnoles-de-l'Orne-Normandie

Day 3: Honfleur

Bagnoles-de-l'Orne-Normandie is the perfect town to relax in, an ideal spot to recharge your batteries and fill up with energy. From the thermal springs to the winding paths of the Andaine forest, the town offers a casino, racecourse, lake, cycle tracks and a golf course.

Honfleur is a charming fishing port with traditional Norman architecture. It looks much as it did when Monet was a frequent visitor. Many famous artists as Courbet, Corot, Sisley, Pissarro or Renoir endlessly painted the colors of the Seine bay. Today, a number of these paintings are exhibited at the Eugène Boudin Museum.

in Normandy - Bon appétit !

Rouen

Gandhi - 18 avenue de Bretagne, 76100 Rouen
Tel.: + 33 (0)2 35 71 95 44

Le Palais Indien - 93 rue Bouvreuil, 76000 Rouen
Tel.: + 33 (0)2 35 07 31 59 - www.lepalaisindien.com

Le Rajasthan - 17/19 rue de la Pie, 76000 Rouen
Tel.: + 33 (0)2 32 08 44 18

Le Kashmir - 13 rue Anatole France, 76000 Rouen
Tel.: + 33 (0)2 35 71 85 89

Le Maharaja - 15 rue Damiette, 76000 Rouen
Tel.: + 33 (0)2 35 88 87 47 - www.lemaharaja.com

Indian Grill - 6 rue du Renard, 76000 Rouen
Tel.: + 33 (0)7 82 97 69 63

Namasté - Centre Commercial Saint Sever, 76100 Rouen
Tel.: + 33 (0)2 35 52 00 76

Shalimar restaurant - Rue de la Chaîne, 76000 Rouen
Tel.: + 33 (0)2 35 73 17 86

Delhi - 15, place Saint Marc, 76000 Rouen
Tel.: + 33 (0)2 35 15 16 33

Nawaab - 7, rue des Augustins, 76000 Rouen
Tel.: + 33 (0)2 32 12 14 01

You will also be spoiled for choice with a wide selection of Italian restaurants throughout Normandy



03.04
— 06.09
2020

NORMANDIE IMPRESSIONNISTE 2020

Exhibitions
Dance, Music
Contemporary art
Open air events
Artistic encounters

www.normandie-impressionniste.fr



Claude Monet, *La Seine à Vétheuil* (détail), 1878, huile sur toile, 50,5 x 61,5 cm.
Collection Olivier Senn. Donation Hélène Senn-Foulds, 2004. Le Havre, musée d'art moderne André Malraux © MuMa Le Havre / David Fogel